

Diabetes Care for Transportation Staff

If you are informed that students on your bus route have diabetes, understand that you may have certain responsibilities relating to those students.

- Contact the school nurse for more information and to learn more about diabetes and to understand what you need to do.

FOR MILD to Moderate LOW Blood Sugar:

- Know symptoms of low blood sugar (Hypoglycemia) : Shaky or jittery • Sweaty • Hungry • Pale • Headache • Blurry vision • Sleepy • Dizzy • Lightheaded • Confused • Disoriented • Uncoordinated • Irritable or nervous • Argumentative • Combative • Changed personality • C
- If suspect low blood sugar have student check their own blood sugar. If they are unable give student one of the following: 4 glucose tablets • 1 tube of glucose gel • 4 ounces of fruit juice (not low-calorie or reduced-sugar) • 4–6 ounces (1/2 can) of soda (not low-calorie or reduced-sugar).
- Ask the school nurse and student at the beginning of the year where the student keeps their supplies to treat low blood sugar.

For SEVERE LOW Blood Sugar:

- If student loses consciousness: Position the student on his or her side. Call 911. Contact the administrator to parents/guardians. Do not attempt to give anything by mouth.
- Leave this plans readily available for substitute drivers.
- Understand that a change in the student’s behavior could be a symptom that the student’s blood glucose is too high or too low.
- Understand and be aware that low blood glucose (sugar) is a serious condition that can happen suddenly and requires immediate treatment. It can occur at any time—in the beginning of the day, on a field trip, or when children are going home.
- Allow students with diabetes to eat snacks and drink beverages on the bus, because these items may be needed at certain times to help them manage their diabetes. Keep them separated from students with known severe food allergies.
- Treat the student with diabetes the same as other students, except when necessary to respond to their medical needs. Be alert for teasing and bullying of the student with diabetes due to peers’ curiosity and lack of information about injections, blood glucose monitoring, or why the student with diabetes gets to eat snacks on the bus.
- Respect the student’s confidentiality and right to privacy.

Student Name

Supply Location

1. _____
2. _____
3. _____
4. _____

Bus Driver: _____ Bus #: _____ Date: _____