In case of an urgent concern or emergency, call 911 or go to the nearest emergency department right away.

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What should I know about my child’s activities?

- Talk about your child’s activities with his doctor. What your child is allowed or not allowed to do depends on:
  - The type of seizures he has.
  - How often and how severe the seizures are.
  - How he responds to medicine or therapy.
  - The length of time his seizures have been controlled.
- Allow your child to take part in normal activities as much as possible.
- Teach his teachers, camp counselors, coaches and any caretakers about how to care for him in case of a seizure.
- Have your child wear appropriate safety devices, such as helmets to help prevent head injuries, as advised.
- Avoid activities that involve heights.
- Your child should never bike or swim without supervision, even if your doctor approves the activity.
- Watch young children at all times while in a bathtub. Showers are recommended for older children.
- Check with your child’s doctor before your child begins driving when he is old enough.