

## Youth Mental Health First Aid Training/ Certification in Spanish

The Center for Leadership in Disability in the School of Public Health, Georgia State University is collaborating with the Georgia Department of Education to coordinate free of charge YMHFA trainings, financed as part of Project AWARE of Georgia. The YMHFA trainings are open to all adults, 18 & older. (for example, educators, parents, clergy, health professionals, and the general public) who interact with adolescents in Georgia.

**Youth Mental Health First Aid** is an education program of 6 hours that:

- Presents the risk factors and warning signs of mental health issues in teens.
- The understanding of the importance of early intervention.
- Teaches participants on how to help an adolescent who expericences a mental health issue.
- Teaches participants how to provide interventions and find appropriate support.
- Teaches participants how to connect to teens to mental health specialists.

We are offering the course in Spanish on the 11th, 17th, and 18th of May from 5:00 – 7:00 pm through Zoom.

## **REGISTER HERE**

\*\* Please be aware that the course will be presented completely in Spanish \*\*

Please join through Zoom and if you have any questions please contact Brenda Liz (Bren) Muñoz at bmunoz@gsu.edu or 404-413-1425.



