



MENTAL
HEALTH
FIRST AID

Youth Mental Health First Aid Training/ Certification in Spanish

The **Center for Leadership in Disability** in the School of Public Health, Georgia State University is collaborating with the **Georgia Department of Education** to coordinate free of charge YMHFA trainings, financed as part of Project AWARE of Georgia. The YMHFA trainings are open to all adults, 18 & older. (for example, educators, parents, clergy, health professionals, and the general public) who interact with adolescents in Georgia.

Youth Mental Health First Aid is an education program of 6 hours that:

- Presents the risk factors and warning signs of mental health issues in teens.
- The understanding of the importance of early intervention.
- Teaches participants on how to help an adolescent who experiences a mental health issue.
- Teaches participants how to provide interventions and find appropriate support.
- Teaches participants how to connect to teens to mental health specialists.

We are offering the course in Spanish on the **3rd, 4th, and 10th of May** from 5:00 – 7:00 pm through Zoom.

REGISTER HERE

**** Please be aware that the course will be presented completely in Spanish ****

Please join through zoom and if you have any questions please contact Brenda Liz (Bren) Muñoz at bmunoz@gsu.edu or 404-413-1425.

